

NOVEMBER 2021

RCMS/HS

Monday

Breakfast Sandwich **1**
Fiestada Pizza
Corn
Salad
Fresh Fruit

Omelet & Croissant **8**
Pizza
Corn
Carrots/dip
Fresh Fruit

Muffin **15**
Hotdog/Sauce
Baked Beans
Roasted Brussel Sprouts
Raw Carrots/Dip
Fresh Fruit

Thanksgiving
Break

Oats/Toast **29**
Pizza
Corn
Carrots/Dip
Fresh Fruit

Tuesday

Apple Cinnamon Texas Toast **2**
Breakfast for lunch
Sausage Gravy/Biscuit
Omelet
Hash browns
Carrots/Dip
Fresh Fruit

Breakfast Bread **9**
Crispy Chicken Sandwich
Fries
Salad & Fresh Fruit

Pancakes **16**
Stromboli
Corn
Salad
Fresh Fruit

Thanksgiving
Break

Breakfast Pizza **30**
Soup beans
Ham
Cornbread
Salad
Fresh Fruit

Wednesday

Breakfast bagel bites **3**
Salisbury Steak
Mashed Potatoes/Gravy
Buttered Carrots
Bread
Fresh Fruit

Waffles **10**
Spaghetti/Meat Sauce
Cheese Garlic Bread
Applesauce
Salad & Fresh Fruit

Frudel **17**
Cheeseburger
Buttered Potatoes
Salad
Fresh Fruit

Thanksgiving
Break

Thursday

Cinnamon Roll **4**
Chicken Nuggets
Fries
Salad
Fresh Fruit

No
School
Veterans
Day **11**

Breakfast Sandwich **18**
Turkey
Mashed Potatoes/Gravy
Hot Roll, Green Beans
Desert, Salad, Fresh Fruit

Thanksgiving
Break

Friday

Yogurt/Granola **5**
Pepperoni Rolls
Pinto Beans
Cottage Cheese
Pineapple
Salad & Fresh Fruit

Donut **12**
Taco Sticks
Mexican Style Chili Beans
Salad & Fresh Fruit

Bagel & Cream Cheese **19**
Chicken Fajita
Spanish rice
Roasted Corn & Black Beans
Salsa, Salad,
Fresh Fruit

Thanksgiving
Break



[Enter Additional Info]