

# JANUARY 2019

Monday 1	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
HOLIDAY	HOLIDAY	Oats & Toast  Pizza Corn Pears Salad Bar & Fresh Fruit	Pancakes  Chicken & Noodles Peas Bread Applesauce Salad Bar & Fresh Fruit	Breakfast Pizza  Beef Stew Hot Roll Peaches Salad Bar & Fresh Fruit
7 French Toast  Chicken Quesadilla Broccoli & Cheese Salad Bar & Fresh Fruit	8 Muffin  Chicken Strips Fries Applesauce Salad Bar & Fresh Fruit	9 Sausage Gravy & Biscuit  Italian Chicken Baked Potato Bread Sticks Salad Bar & Fresh Fruit	10 Scrambled Eggs, Sausage, Toast  Beef & Gravy Mashed Potatoes Lima Beans Bread Salad Bar & Fresh Fruit	11 Breakfast Bar  Pepperoni Rolls Pinto Beans Cottage Cheese Pineapple Tidbits Salad Bar & Fresh Fruit
14 Super Donut  Nacho Supreme Buttered Corn Warm Cinnamon Apples Salad Bar & Fresh Fruit	15 Breakfast Sandwich  Cheeseburger Fries Pears Salad Bar & Fresh Fruit	16 Omelet & Croissant  Chicken Fajita Mexican Rice Sauteed Veggies Roasted Corn and Black Beans Salad Bar & Fresh Fruit	17 Pop Tarts & Yogurt  Spaghetti & Meat sauce Garlic Bread Applesauce Salad Bar & Fresh Fruit	18 Pancake On A Stick  Soup beans Cornbread Buttered Potatoes Peaches Salad Bar & Fresh Fruit
21  <b>Martin Luther King Day</b>	22 Bagels w/Cream Cheese  Calzone Corn Pears Salad Bar & Fresh Fruit	23 Waffles  Taco Salad Refried Beans Mandarin Oranges Cookie Salad Bar & Fresh Fruit	24 Breakfast Burrito  Chicken & Gravy Mashed Potatoes Peas Hot Rolls Salad Bar & Fresh Fruit	25 Eggs & Toast  Chili Wowbutter Sandwich Peaches Salad Bar & Fresh Fruit
28 Danish  Chicken Sandwich Baked Beans Applesauce Salad Bar & Fresh Fruit	29 Muffin  Pizza Corn Pears Salad Bar & Fresh Fruit	30 Breakfast Sandwich  Meatball Sub Buttered Potatoes Peaches Salad Bar & Fresh Fruit	31 Scrambled Eggs, Sausage & Toast  Salisbury Steak Mashed Potatoes Green Beans Bread Salad Bar & Fresh Fruit	1 Cinnamon Bun  Potato Soup Grilled Cheese Sandwich Fruit Salad Salad Bar & Fresh Fruit

**Milk, Juice, Fresh Fruit, Cereal served with all breakfasts .Milk served with all lunches. Menus subject to change.**  
 "This institution is an equal opportunity provider."